Volume 8, Number 14 August 21-September 10, 1993

UCSF Newsbreak

Harold Varmus nominated to head the NIH

President Clinton announced his intention on August 3 to nominate UCSF's Harold Varmus to the nation's most prominent position in biomedical science — director of the National Institutes of Health.

In a press release issued by the White House, President Clinton said, "As one of the world's leading medical researchers, Harold Varmus will bring great strength and leadership to the National Institutes of Health." Health & Human Services secretary Donna Shalala said, "We are delighted that Dr. Varmus will be our new NIH director — the first to have won a Nobel prize ... He has been working at the cutting edge of modern cell and molecular biology, and has had an active relationship with the NIH for some 30 years, as NIH intramural scientist, grantee and public advisor."



Harold Varmus

In 1989, Varmus and fellow microbiologist J. Michael Bishop, head of the UCSF Hooper Foundation, won the Nobel Prize for Physiology or Medicine for their studies of genes that play a role in human cancer. They found that certain genes, called oncogenes, in normal cells can be "turned on" by chemicals, viruses and other substances to cause cancer.

Varmus, who has taught at UCSF since 1970, also spends much of his time exploring how the genes carried by the AIDS virus allow it to do its deadly work.

He is the American Cancer Society Professor in Molecular Virology and is the recipient of the 1982 Albert Lasker Prize, which he also shared with Bishop, the 1983 Armand Hammer Prize for cancer research, the 1984 Alfred P. Sloan Prize of the General Motors Cancer Research Foundation and the 1982 California Scientists of the Year Award.

Upon receiving word of his nomination Varmus said, "I'm pleased and flattered to be the intended nominee for the director of the NIH. Assuming the confirmation process goes smoothly, I look forward to facing the many new challenges the job entails."

Chair of the Board of Biology for the National Research Council and an advisor to the congressional Caucus for Biomedical Research, Varmus has served on several review and advisory boards for government, biotechnology firms and pharmaceutical companies. Most recently he was a member of the Institute of Medicine committee that advised the Department of Defense on the use of $210 million allocated by Congress last year for breast cancer research. In 1986, he chaired the subcommittee of the International Committee on the Taxonomy of Viruses that gave the AIDS virus the name HIV.

Chater named Social Security commissioner

At the same time President Clinton announced Harold Varmus as being nominated to direct the NIH, he also disclosed the nomination of Shirley Chater to be the Commissioner of Social Security.

Chater was UCSF vice chancellor for Academic Affairs from 1977 to 1982. She first came to campus as a member of the faculty in the School of Nursing in 1964. She served as professor of social & behavioral sciences before she was named assistant vice chancellor for Academic Affairs in 1974.

Her leave of absence from UCSF in 1982 was to serve as senior associate of the Association of Governing Boards of Universities and Colleges, Presidential Search Consultation Service, in Washington DC. She has been the president of Texas Women's University since 1986.

Space shuttle mission again to feature UCSF bone loss study

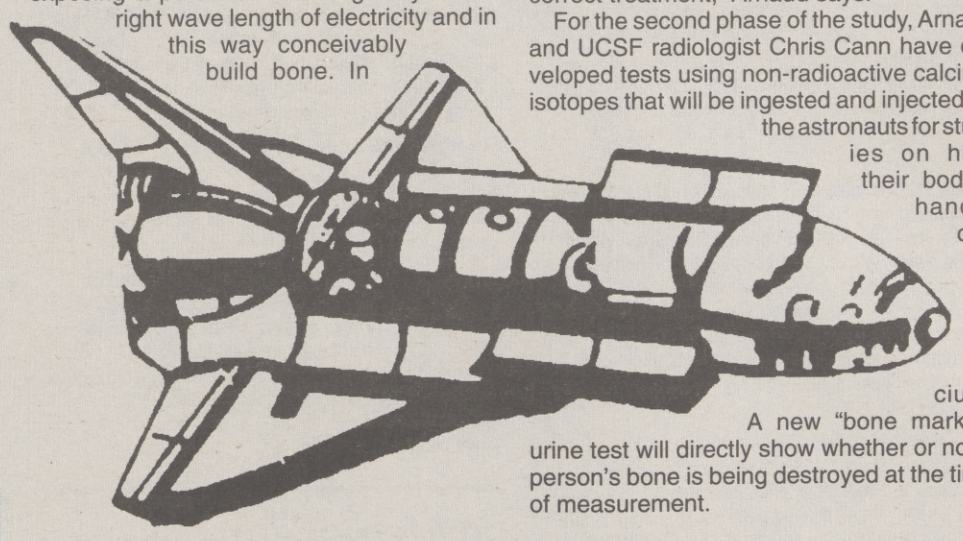
As the second NASA space shuttle flight devoted to life sciences takes off, currently scheduled for sometime in October, UCSF/Mount Zion researchers will be closely monitoring one of the main experiments focusing on bone loss in astronauts.

This is the second of a three-phase study designed by UCSF/Mount Zion researchers looking into what causes bone loss in astronauts. Astronauts steadily lose bone mass during flight much like people who are bedridden, but scientists do not know why, says Claude Arnaud, director of the UCSF/Mount Zion Program in Osteoporosis & Bone Biology.

It is hoped the results will help lead to a treatment for osteoporosis, the thinning of bones, that affects more than 20 million women in the US. There are no treatments available today. Only preventive medications exist.

Preliminary results from the first flight's bone-related experiments showed that astronauts developed severe hypercalcemia, an increase of calcium in the blood. "And it's more than likely the calcium came from bone released because of a lack of gravity," Arnaud says. (UCSF's Millie Hughes-Fulford was one of the astronauts on board Spacelab Life Sciences-1.)

"Since there are mechanisms operating in the absence of gravity which encourage loss of bone you have to conclude that if you apply a physical force and added gravity to bones on earth you could conceivably build bone," he adds. "One day we could see a scale-like device that you stand on for a few minutes exposing a person to added gravity at the right wave length of electricity and in this way conceivably build bone. In our search for an osteoporosis treatment we can't just look at drugs, but need to be open to non-drug therapies as well."



The bone-related tests from Spacelab Life Sciences-1 and SLS-2 will help researchers decide whether bone is being destroyed during the flight or the formation of new bone is being halted. "It's important to know which is happening so the astronauts can be given the correct treatment," Arnaud says.

For the second phase of the study, Arnaud and UCSF radiologist Chris Cann have developed tests using non-radioactive calcium isotopes that will be ingested and injected by the astronauts for studies on how their bodies handle calcium.

A new "bone marker" urine test will directly show whether or not a person's bone is being destroyed at the time of measurement.

Campus raises $37,000 at SF AIDS Walk

The 341 walkers representing UCSF raised $37,000 during the AIDS Walk San Francisco on Sunday, July 25, placing it above other UC campuses, including UC Berkeley with $8,700. It also put UCSF in fifth place in terms of all corporate sponsors. Charles Schwab came in first with $171,000; PacBell second with $100,000; GAP and Genentech tied for third, both raising approximately $49,000. However, Genentech has pledged a matching check, which puts them in third and GAP in fourth. The total amount raised by all walkers this year was a record-breaking $2.6 million.

UCSF is first California site for national study of AIDS in women

UCSF is one of four sites named to participate in a national study investigating the impact of HIV infection in women. Called the Women's Interagency HIV Study, the four-year project will study signs and symptoms in women infected with HIV, the virus that causes AIDS, the pattern and rate of their immune system decline, and the potential co-factors that may affect HIV disease progression.

At UCSF, the research will be led by Ruth Greenblatt, assistant professor of medicine with the AIDS clinic.

The project will be funded by a $5 million award from the National Institute of Allergy and Infectious Diseases. The three other study centers named are the University of Southern California, Bronx-Lebanon Hospital Center, and Georgetown University.

Study investigators will gather information from about 1,700 HIV-infected women and 375 women who are not infected but at high risk of acquiring the infection.

"AIDS is now the sixth leading cause of death for women aged 25 to 44 in the United States," said Health & Human Services Secretary Donna Shalala in announcing the project. As of March 31, 11.4 percent of the US AIDS cases in people older than age 13 were among women, according to the Centers for Disease Control.



Page 3 ... UCSF's goodwill tour

Go to a free course and maybe ... save a life

The most common cause of death nationwide is not cancer, AIDS or accident. It is cardiac arrest.

The fact remains that when your heart stops you die, unless you are fortunate enough to have someone around who knows CPR — cardiopulmonary resuscitation — and they perform it quickly.

The entire Bay Area is invited to learn life-saving skills on Saturday morning, September 11, before the SF Giants play the St. Louis Cardinals. Called "Save-a-Life Saturday," the sixth annual mass CPR course is sponsored by UCSF's Center for Prehospital Research & Training (CPRT), the Giants, American Red Cross and others.

The free CPR sessions will be held at 9 and 10 a.m. There will be a health fair and a continental breakfast. The training, health fair and the breakfast are free. The first 1,000 people to attend the training will receive a ticket to the Giants game that afternoon. For further information call 1-800-GIVE-CPR.

CPRT medical director Odelia Braun has been selected a UC/Health Net Wellness Lecturer. See page 6 for details.

New overtime rules planned for A&PS

The UCSF Personnel Office recently notified campus employees within the Administrative & Professional (A&PS) personnel program of proposed changes in how overtime is compensated — and who is eligible to earn it. The proposals are part of a UC-wide policy change that brings the University's compensation rules in line with the changing requirements of the national Fair Labor Standards Act (FLSA).

In essence, the proposed regulations — which after the period of public comment in August, are scheduled to go into effect around October 1 — would create a two-tiered system within A&PS, with different compensation rules applying to each. One tier would consist of "exempt" or salaried employees; the other would include "non-exempt" or hourly employees.

Changing Department of Labor regulations and court decisions have established criteria that make the distinction as to which categories are exempt and which are not. At this time, the Office of the President is reviewing which classifications will be considered exempt or non-exempt across the UC system. These decisions are based on a review of position duties and responsibilities and how they relate to FLSA requirements. For example, certain A&PS health care classifications have been proposed for non-exempt status on the basis of the prevailing market practice to pay premium overtime.

Lists of classifications proposed for exempt and non-exempt status were mailed to A&PS employees last week. Copies of the proposed changes to the A&PS policies were sent to all campus administrators on August

(continued on page 6)

Gazette

Honors & Awards



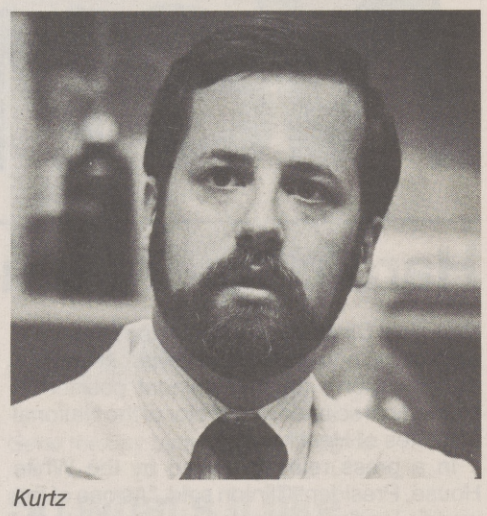
Garritson



Devney



Ling



Kurtz



Doupe



Bernstein



Pappas

Theodore W. Kurtz: Received the American Society of Hypertension 1993 Young Scholars Award for his original research in hypertension. Kurtz is assistant professor, laboratory medicine & medicine; chief, clinical chemistry.

Catherine L. Gilliss: Chosen as a US Public Health Service Primary Care Policy Fellow. Co-sponsored by the Indian Health Service, the Centers for Disease Control & Prevention and the Substance Abuse & Mental Health Services, the fellowships bring together health care leaders and top government, congressional and private sector health care officials. Gilliss is associate professor & chair, family health care nursing.

Harlan E. Ives: Selected to serve as a member, Experimental Cardiovascular Sciences Study Section, Division of Research Grants, Department of Health & Human Services, for a four-year term. Ives is associate professor, medicine; director, nephrology.



Kahn



Cadwallader



Meng

Susan Hunn Garritson: Named to the California Mental Health Planning Council by Governor Pete Wilson. The 40-member council has broad oversight and evaluation responsiblities under both state and federal law. Garritson is director, patient care services, LPPI.

Allison J. Doupe: Received a Sloan Research Fellowship from the Alfred P. Sloan Foundation for the exceptional promise she shows as a young researcher. The $30,000 fellowship is for two years and is designed for flexibility at a time when young scientists need it to establish independent research projects. Doupe is assistant professor, physiology & psychiatry.

Jeffrey Kahn: Has just completed the State Health Policy Fellowship Program of the American Medical Student Association Foundation. He performed the eight-week fellowship at The Trauma Foundation at SFGH, focusing on youth violence prevention. The program is designed to introduce promising medical students to the health policy process in their states, to foster their role as advocates, and to encourage their long-term involvement in the health policy arena. Kahn is a fourth-year medical student.

Elaine Meng: Received a Drug Information Association Dissertation Summary Award for her work entitled "Molecular Docking: A Tool for Ligand Discovery Design." Meng is a postdoctoral fellow, pharmaceutical chemistry.

Peggy Devney: Received the 1993 Merit Award from the National Kidney Foundation of Northern California. She received the award for her work on a project, called the "Kidney Care Program for Kids," designed for East Palo Alto grade school children to teach them how to prevent hypertension and care for the kidneys. The program was co-sponsored by the National Association for the Advancement of Colored People. Devney is clinical specialist, dialysis, kidney/pancreas transplant unit; assistant clinical professor, physiological nursing.

Linda R. Bernstein: Received an Outstanding Media Award in the 1993 C. Everett Koop, MD, Media Awards competition held by the American Heart Association California Affiliate. Bernstein's five-part series, "In the Medicine Cabinet," on KFRC-AM/FM was judged the single most outstanding journalistic work in its category. Bernstein is associate clinical professor, clinical pharmacy; senior pharmacist, pharmaceutical services.

Kara Cadwallader: Received one of 10 Pisacano Scholarships awarded nationally by the Nicholas J. Pisacano, MD, Memorial Foundation. The award, valued at approximately $50,000, is given to outstanding medical students who have made a commitment to the field of family practice, and is intended to assist in the development of future leaders in the field. Cadwallader is a fourth-year medical student.

Sol M. Shnider: Received the Labat Medal and gave the 15th Annual Labat Lecture of the American Society of Regional Anesthesia at their annual meeting in Seattle in May. Shnider is professor & vice chair, anesthesia; professor, ob/gyn & reproductive sciences.

Stanley P.L. Leong: Chosen by the National Cancer Institute to serve as a member of the Cancer Research Manpower Review Committee for a four-year term. Leong is associate professor, surgery, UCSF/Mount Zion.

Leonard I. Pearlin: Elected chair-elect of the Section on the Sociology of Mental Health, American Sociological Association. Pearlin is professor, Human Development & Aging Program, Center for Social & Behavioral Sciences & psychiatry.

Stella M. Ling: Received the American Medical Association/Burroughs Wellcome Co. Leadership Award for her outstanding commitment to community service. Ling helped create the Berkeley Primary Care Access Clinic which, since it opened in August 1991, has had more than 4,500 patient visits, 97 percent of which were patients below the 200 percent poverty level. Ling is clinical instructor, pediatrics; resident, radiation oncology.

Kathleen J. Pappas: Chosen to participate in the 1993-94 San Francisco Chamber of Commerce Leadership San Francisco program, which is designed to develop long-term leaders who are both knowledgeable about the city and are concerned about its well-being. Pappas is coordinator, Campus Tours & Speakers Bureau.

Anthony J. Nasr: Elected a fellow, College of American Pathologists. Nasr is assistant clinical professor, pathology.

Henry J. Ralston III: Selected as a test committee representative of the National Board of Medical Examiners. Ralston is professor & chair, anatomy.

Maria G. Pallavicini: Selected as a member, Experimental Therapeutics Study Section, Subcommittee One, Division of Research Grants, Department of Health & Human Services. Pallavicini is associate professor, laboratory medicine & molecular cytometry.

George L. Kenyon: Appointed chair, Bio-Organic & Natural Products Chemistry Study Section, Department of Health & Human Services. Kenyon is professor & chair, pharmaceutical chemistry.

Marylin J. Dodd & **Suzanne L. Dibble:** Received the Oncology Nursing Society 1993 Excellence in Cancer Nursing Research Award for their study, "Predictors of Self Care: A Test of Orem's Model." Dodd is professor, physiological nursing; associate dean, academic personnel, School of Nursing. Dibble is assistant professor, physiological nursing.

In Memoriam

Larry Waites: Assistant clinical professor, pediatrics. A pediatrician and AIDS researcher who advocated the use of Compound Q (an experimental AIDS treatment based on a Chinese cucumber extract), Waites participated in AIDS studies involving drugs such as Interleukin-II and THF-gamma II and was working on transferring parts of an HIV-negative identical twin's immune system to their HIV-positive twin to restore that twin's disease-fighting mechanisms. The study was to begin using a similiar method with siblings. Waites came to UCSF in 1977, performing his internship at SFGH and his residency in pediatrics at Moffitt/Long, becoming an assistant clinical professor in 1981. He became involved with AIDS research after the death of a friend from an AIDS-related illness. Waites wrote a monthly HIV management column for *The Advocate,* a national gay magazine. He was 43. A memorial gathering is taking place on Saturday, August 28, at 4 p.m. in the First Unitarian Church, Franklin and Geary. Memorial donations may be made to Project Inform, Suite 220, 1965 Market St., San Francisco, CA, 94103.

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

Margaret M. Walsh: Received $533,923 from the UC Tobacco Related Disease Research Program for "A Spitting Tobacco Cessation Program: High School Athletes." This research is supported by funds provided by the Cigarette & Tobacco Surtax Fund of the State of California. Walsh is professor, dental public health & hygiene.

Claire D. Brindis: Co-recipient of a three-year $345,000 grant from the Carnegie Corporation of New York for an evaluation of school-based health centers in Denver. She will work with a researcher from the University of Colorado Health Sciences Center. Brindis is assistant professor, Institute for Health Policy Studies; co-director, Center for Reproductive Health Policy Research.

Scott C. Kogan: Received a three-year Physician's Research Training Award for $132,000 from the American Cancer Society for "A Mouse Model of Promyelocytic Leukemia." Kogan is postdoctoral fellow, Hooper Foundation.

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Deadline for the next issue, which will cover September 11-24 (two weeks), will be on **Tuesday, August 31, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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UCSF team takes its B'ball to China

Ten minutes before their game last Saturday night, the basketball players were still straggling into the gym. Many wore surgical pants, all had beepers strapped to their waists, and one had just finished a very long day in the operating room.

As they walked by the UCSF medical bench, they were greeted by coach Al Kerr, who attempted to hide his impatience, but couldn't help but say, "You guys have got to try to get here earlier."

This is a typical scene for the UCSF basketball team, made up of all-stars of a different sort — mainly doctors, scientists, and medical personnel. The team plays Bay Area college and Armed Forces teams on a regular basis.



David Holtzman (#24) defends against Colin Eakin (#14) in a recent intrasquad game.

Having just played in their league championship two weeks ago, the UCSF squad now is gearing up for a bigger contest — one that will combine basketball skills with some medical and public health playmaking. The team will make a goodwill tour of the Peoples Republic of China this October, playing six games against Chinese college and all-star teams in six different cities. The five cities confirmed to date are Dalian, Beijing, Guilin, Guangzhou and Hong Kong.

"Everyone participating has always wanted to combine their love of basketball with their medical and scientific careers," says neurologist David Holtzman, the captain/point guard for the team. "This should be a dream trip for all of us." Holtzman says he knows that one of the arenas in which the team will play seats up to 10,000 people and it is proposed that one of the games will be televised locally.

Besides playing goodwill games, the team will conduct seminars and lectures with Chinese medical leaders in the areas of medicine, dentistry, physical therapy and physical fitness, with particular emphasis on such topics as Alzheimer's disease and the worldwide AIDS crisis.

These American players — many of whom were high school stars and played on their college varsity teams — also will conduct sports seminars for Chinese enthusiasts in basketball skills, drills and strategy.

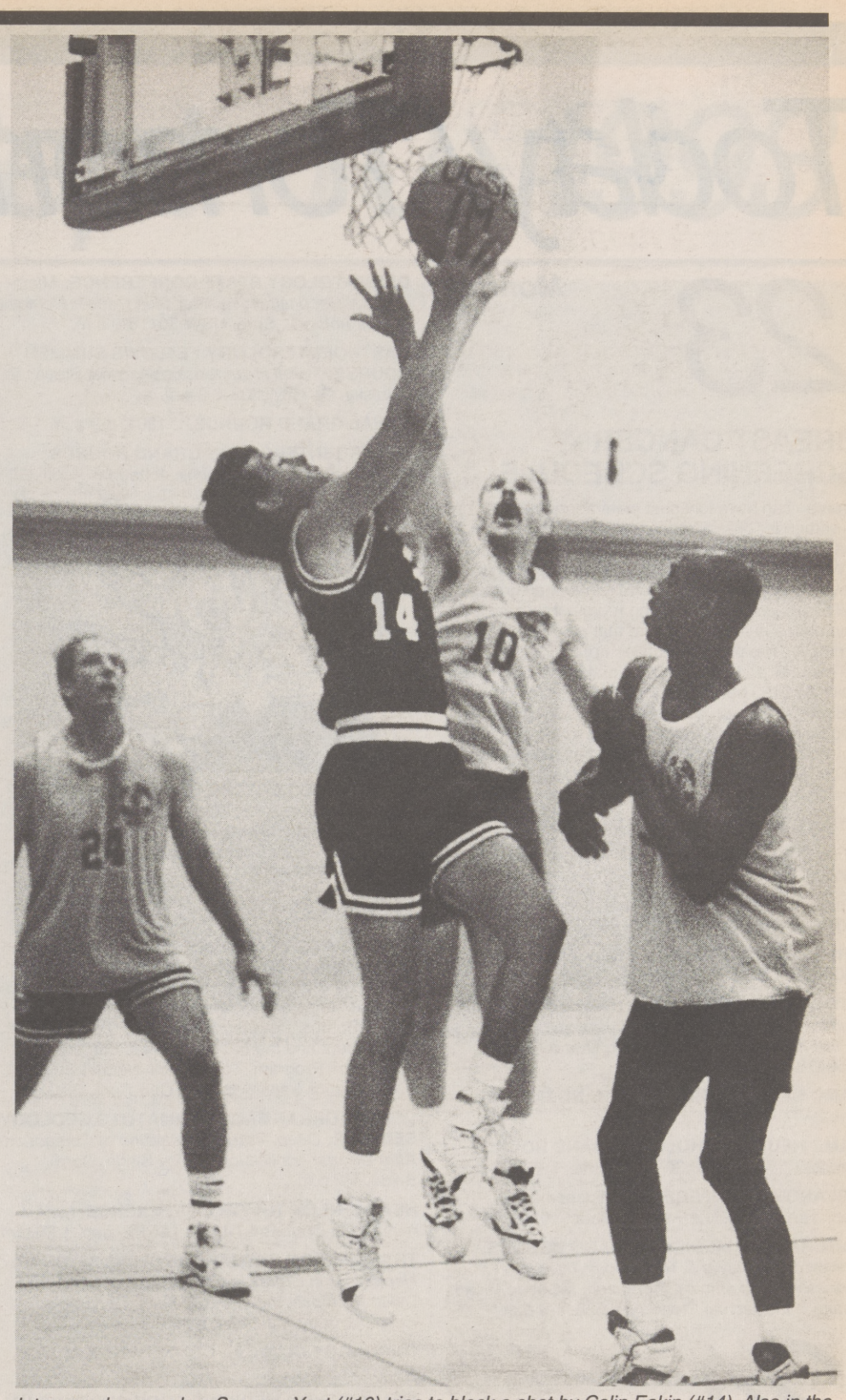
"You know, I realized a long time ago that organized basketball is a major extracurricular activity, actually a way of life for many students and faculty on this campus," says Kerr, who was UCSF sports program manager for 27 years before his retirement last year. Looking little like the classic basketball coach, Kerr — usually clad in a colorful T-shirt, non-matching shorts and an old captain's cap — has organized and coached this UCSF all-star team for nearly three decades.

A similar people-to-people basketball trip to China was made in 1988 and was highly successful, drawing tens of thousands of basketball fans as well as international praise. "This upcoming trip aims to expand greatly the objectives, methods and outcome of the first one," says Holtzman.

The program is enthusiastically endorsed for both its educational and goodwill attributes by Chancellor Joseph Martin, as well as basketball great Magic Johnson, former chair of the US Commission on AIDS.

"This offers a unique opportunity to exchange leading-edge medical information and discoveries at the global level," says former UCSF medical school dean Rudi Schmid, coordinator of the UCSF-University of Beijing Exchange Program, who is helping to organize many of the medical lectures for this tour. "My hope is that this trip will be a forerunner of many more international goodwill medical exchanges to come."

Meanwhile, back on the court, the UCSF team members keep honing their basketball skills. But they have well-defined priorities — doctors, interns, residents, first; basketball players second. And, of course, something else ... UCSF ambassadors of goodwill.



Intrasquad game play: Spencer Yost (#10) tries to block a shot by Colin Eakin (#14). Also in the play is David Holtzman (#24) and Hicks Taylor (#33).

"Women and HIV" Conference

A two-day clinical training course entitled "Women and HIV" will be offered by the San Francisco STD/HIV Prevention Training Center on Thursday and Friday, October 7 and 8, at the Palace of Fine Arts Theater in San Francisco. The course is sponsored by UCSF and the SF Department of Public Health along with seven other agencies.

The course is intended for physicians, nurse practitioners, physician assistants, nurses and other health care professionals who care for HIV-infected women. It will include information on recent epidemiologic trends, the natural history and clinic course of HIV in women, manifestations and treatment of gynecologic problems as well as access to health services for women.

Many of the speakers will be UCSF faculty, including Constance Wofsy, professor, medicine, and co-director, AIDS Program at SFGH; Nancy Padian, associate professor, epidemiology & biostatistics; Sharon Safrin, assistant clinical professor, medicine & infectious diseases; and UCSF research epidemiologist Judith Cohen, director, Project AWARE.

Pre-registration is required. The course is free. For further information call 554-9630.

September 9 public hearing on construction of Central Utilities Plant

UCSF will hold a public hearing on Thursday, September 9, at 7 p.m. in Toland Hall to consider the Draft Environmental Impact Report for a new Central Utilities Plant to replace the outdated power plant at the main Parnassus campus.

In addition to replacing the old plant with a more efficient facility, the new plant would provide greater emergency power capability and state-of-the-art equipment to meet new air quality standards.

Plans for the new Central Utilities Plant are discussed in the Draft EIR which was released on August 6 for public review. Copies of the Draft EIR are available for review at the San Francisco Library, Market and McAllister streets; the Sunset Library Branch, 1305 18th Ave.; and the UCSF Library. Copies also may be obtained between 8 a.m. and 5 p.m. any weekday at the Moffitt Patient Information Desk, or at the Mission Center Building (MCB), Suite 566.

In addition to commenting at the public hearing, members of the public may submit written comments to Michelle Schaefer, UCSF, MCB, 5th floor, Suite 566, Box 0286. To be included in the final EIR, written comments must be received by Monday, September 20.

The high cost of treating Alzheimer's

Caring for a patient with Alzheimer's disease costs more than $47,000 a year, whether the patient lives at home or in a nursing home, according to a UCSF study of cases in Northern California. And most of these costs are borne by family members, usually women, who spend a near average of 300 hours a month caring for their loved ones if they keep them at home rather than in an institution.

"With projected increases in the number of persons at risk of developing Alzheimer's disease, its economic impact on future long-term care costs will be substantial," warns Dorothy Rice, a researcher at the Institute for Health & Aging and the School of Nursing. Over 10 percent of persons older than 65 in the US — nearly four million people — had Alzheimer's disease in 1990. Nine million cases are projected by the year 2040.

Rice and co-researchers studied 187 cases of Alzheimer's disease in Northern California between 1988 and 1990 to determine the economic burden of Alzheimer's disease care. Nearly half the cases (93) were Alzheimer's patients who lived at home, and the rest (94) were in skilled nursing facilities. Researchers interviewed the patients' primary caregivers at home or staff of the institutions in which the patients resided.

The UCSF study is in the summer issue of *Health Affairs*, a quarterly journal published by Project HOPE.

The UCSF lineup

Colin Eakin
Age: 27, height: 6'2", weight: 185 lbs.
Position: guard
Occupation: resident, orthopaedics

Denly Herbert
Age: 44, height: 6'5", weight: 220 lbs.
Position: forward
Occupation: assistant clinical professor, restorative dentistry; associate clinical director, Admissions & Clinics

David M. Holtzman
Age: 31, height: 6'2", weight: 185 lbs.
Position: guard
Occupation: assistant professor, neurology

Alexander Kerr
Age: 67
Occupation: coach, UCSF basketball; former director, UCSF Sports & Recreation

Michael J. Koppe
Age: 36, height: 6'2", weight: 180 lbs.
Position: guard
Occupation: assistant clinical professor, stomatology

David F. Ramos
Age: 26, height: 6'7", weight: 220 lbs.
Position: forward
Occupation: fourth-year medical student

James Reed
Age: 33, height: 6'6", weight: 250 lbs.
Position: center/forward
Occupation: food service worker, nutrition & dietetics

Donald C. Rockey
Age: 34, height: 6'2", weight: 185 lbs.
Position: guard/forward
Occupation: assistant professor, medicine

Hicks Sexton Taylor
Height: 6'6", weight: 200 lbs.
Position: forward/center
Occupation: environmental services worker

Cliff Tribus
Age: 31, height: 6'11", weight: 240 lbs.
Position: center
Occupation: fellow, orthopaedics/spine surgery

Spencer Yost
Age: 37, height: 6'2", weight: 185 lbs.
Position: guard
Occupation: assistant professor, anesthesia

Ilan D. Zipkin
Age: 22, height: 6'1", weight: 170 lbs.
Position: guard
Occupation: second-year PhD graduate student, biological sciences

Other personnel:
Henry Chang, Jr.
Voluntarily helping to organize the medical-basketball tour to China by arranging the itinerary with the different Chinese teams. He is the owner of Henry Chang, Jr. & Associate, Inc., an architecture and real estate firm.

Tracy S. Holtzman
A senior physical therapist at UCSF. While in China she will lecture on neurodevelopmental rehabilitation, rheumatology and hemophilia, and will serve as team trainer and statistician. She is married to David Holtzman.

Today/Tomorrow

23 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Thurs., Sept. 2: UCSF/Daly City, 333 Gellert Blvd.
- Fri., Oct. 1: UCSF/Parnassus at Medical Center Way.

A mammogram also is available at the Mount Zion radiology department for $60. Call 885-7465.

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 7:45-8:30 a.m.

OTOLARYNGOLOGY BASIC SCIENCE COURSE: *Auditory Nerve: Anatomy & Physiology.* Plus *CAPs, FFRs, ABRs.* Russell L. Snyder, Oto. & Anat. S 664. 8-10 a.m.

VAMC NEURORADIOLOGY GRAND ROUNDS. Rm. 2A47, VAMC. 9:30-10:30 a.m.

VAMC NEUROPATHOLOGY GRAND ROUNDS. Rm. 2A47, VAMC. 10:30-11:15 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *University Patenting & Technology Transfer: Processes & Examples.* Marguerite McIntyre, Acad. Affairs & Intellectual Property. L 535. 4-5 p.m.

24 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Rm 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Avascular Necrosis, the Orthopaedist's Perspective.* John Paul Jones, Jr., Diag. Osteonecrosis Cntr. & Res. Fndt., Kelseyville. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Runaway Homeless Youth.* Richard Brown, Ped., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

MOUNT ZION COMMUNITY MEETING

Regular monthly meeting to discuss any issues of interest, including construction plans at the UCSF/Mount Zion campus. Herbst Hall, MZ. 7 p.m. Call 476-3206.*

25 Wednesday

SPINE CONFERENCE ROUNDS. C 417. 7-8 a.m.

SURGERY MORBIDITY & MORTALITY CONFERENCE. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

THE NEXT DEADLINE

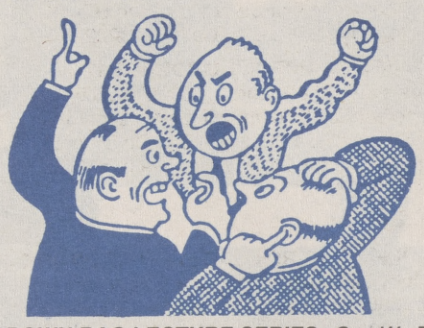
Tues., August 31, 1993, is the deadline for items to be listed in the next calendar, which covers **September 11-24, 1993 (two weeks).** They must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to Suite 103, UCSF/Laurel Heights, 3333 California St.

DERMATOLOGY STAFF CONFERENCE: *Microsurgical Reconstruction After Skin Cancer Removal.* James Anthony, Surg. HSW 301. 8-9 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Portal Hypertension: Ascites.* Steven D. Lidofsky, GI. HSW 303. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Endoscopic Ultrasonography.* Johannes Koch, GI. HSW 303. 9-10 a.m.



BROWN BAG LECTURE SERIES: *Can We Talk? Communication in the Workplace.* Shirley J. Harmon, Comm. Management Assoc. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

HOW TO DETECT BOMBS

Bomb Threats & Bombings — What You Can Do. Ron Nelson, UCSF Police Dept., & Joe Mattox, Employee Support Prog., present this first in a two-part series on "Violence Prevention: How to Detect Bombs." Sponsored by UCSF Police Department and the Faculty, Staff & Student Assistance Program. Toland Hall. Noon-1:30 p.m. Simultaneous transmission to Carr Aud., SFGH.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *Deep Tissue Penetration of Compounds After Dermal Application.* Bobby Singh, Derm. S 664. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

TRANSFUSION RESEARCH FORUM SEMINAR: *Hepatitis B in Urban Australian School Children.* David McIntosh, Infec. Dis. & Med., Children's Hosp., Sydney, Australia. L 535. 3-4 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Platelet Alloimmunization.* Andrew Leavitt, Lab. Med. & Blood Bank, MZ. L 535. 4-5 p.m.*

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Histochemistry.* Ben Yen, Path. & Anat. Path. HSW 508. 5-6:30 p.m.

26 Thursday

MILLBERRY MAINTENANCE CLOSURE

Millberry Union will be closed Thurs., Aug. 26 through Thurs., Sept. 2 for annual maintenance. EMPACT! ticket sale hours for that week will be 10 a.m.-6 p.m. No weekend or evening ticket sales during closure. Call 476-2675 for ticket information.*

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Heart Transplantation: An Overview.* Teresa DeMarco, Med. & Cardiac Transpl. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Is Diagnostic Cardiac Catheterization Obsolete? Recent Advances & Future Echocardiography.* Michael Brook, Ped. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *NMTEP Student Presentations.* LPPI Aud. 8:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Assessment & Management of Diabetes Type I & Type II.* John Karam, Med. & Diabetes Cntr. A 455. 10 a.m-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 517. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSURGERY GRAND ROUNDS: HSW 302. 4-5:30 p.m.

PRIMARY CARE GRAND ROUNDS: *Informatics.* Bill Detmer, Gen. Int. Med. A 455. 4:30 p.m.

27 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. U 471. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *International Medicine: A New Model for Health Care.* Scott T. Maloney, Cntr. Intl. Med. S 1364. Noon-1 p.m. Call 584-4416.*

30 Monday

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 7:45-8:30 a.m.

OTOLARYNGOLOGY BASIC SCIENCE COURSE: *Cochlear Nucleus: Morphology & Cell Types.* Patricia Leake, Oto. *Rhysiologic Responses & Coding.* Russell L. Snyder, Oto. & Anat. S 664. 8-10 a.m.

VAMC NEURORADIOLOGY GRAND ROUNDS. Rm. 2A47, VAMC. 9:30-10:30 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Evaluation of Post-Transfusion Recovery & Survival of Stored Blood Cells.* Andrew Heaton, Irwin Mem. Blood Cntrs. L 535. 4-5 p.m.

31 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Photography in Plastic Surgery.* William Y. Hoffman, Plast. Surg. Toland Hall. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY CONFERENCE: *Residents Forum.* C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 664. 8:30-10:30 a.m. Call 476-1073 to schedule.

SFGH PEDIATRIC GRAND ROUNDS: *Circumcision.* E.J. Schoen, Kaiser, Oakland. Carr Aud., SFGH. 8:30-9:30 a.m.

SFGH MEDICINE GRAND ROUNDS: Carr Aud., SFGH. 11:30 a.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 5-7:30 p.m. Call 885-7353.*

1 Wednesday

SPINE CONFERENCE ROUNDS. C 417. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE. HSW 301. 8-9 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Liver Transplantation: Selection & Outcome.* John R. Lake, Liver Transpl. Prog. HSW 303. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Clinical Case Conference.* HSW 303. 9-10 a.m.

CHILDREN'S FASHION SHOW & FUNDRAISER

Back to Basics: Threads of Life. Tying children's fashion to UCSF's current work with DNA, the Hospitals Auxiliary sponsors this luncheon & fashion show featuring children of UCSF staff. Co-sponsored by Nordstrom. $45/$65. Reception at 10:30 a.m. followed by lunch & show. Call 476-4906 for tickets. (See story on page 7.)*

*Open to the public.

WE'RE MOVING!

The *Newsbreak/Medsounds* staff will have moved to Laurel Heights as of Mon., Aug. 23 (see story on page 6). Michele Firpo's new phone number is 476-3257. The office's new fax number is 476-3541. See below left for upcoming deadline information.

BROWN BAG LECTURE SERIES: *Winning at the Job & Salary Game.* Alice Zakian, speaker, trainer & author. HSW 300. Noon. Call 476-4394.*

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Blood Component Therapy.* Pearl Toy, Lab. Med. & Blood Bank, MZ. L 535. 4-5 p.m.*

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Mechanisms of Disease I.* Henry Sanchez, Path. HSW 508. 5-6:30 p.m.

2 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Update on Laparoscopic Surgery.* Sean J. Mulvihill, Surg. Toland Hall. 8-9 a.m.

PEDIATRIC GRAND ROUNDS. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Current Thinking on Testicular Imaging.* Eugene Morita, Nuc. Med., MZ & Rad. LPPI Aud. 8:30 a.m.

ART FOR AUTUMN

Monoprints & Watercolors by Allis Teegarden & Noriko Hasegawa. On display today through Sun., Oct. 24. Fac. Alum. House. 9 a.m.-4:30 p.m. Opening reception for artists on Thurs., Sept. 9. 5-7:30 p.m. Call 476-4723.*

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Case Management Issues in Cumulative Trauma Disorders.* Linda Morse, Santa Clara Valley Med. Cntr. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Back Pain & Join Exam/Physical Therapy Issues.* Nancy Byl, Grad. Prog. Phys. Ther. & FCM. A 455. 10 a.m-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 517. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.



SECOND ANNUAL CHILI & SALSA COOKOFF

EMPACT! is on the lookout for for the best chili and salsa cooks on campus. If that's you, why not sign up? Or buy a tasting kit for $5 and help decide the winner. Grand prize for best chili is two roundtrip air tickets to anywhere in the continental U.S. courtesy of Continental Airlines & American Express. Millberry Gym. 11:30 a.m.-1 p.m. Call 476-2675 for an entry form. (See Funzone on page 6 for more details.)*

Aug. 21-Sept. 10, 1993

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 4-5:30 p.m.

PRIMARY CARE GRAND ROUNDS: *Management of Common Knee & Hip Problems.* Harry Jergesen, Orthosurg. A 455. 4:30 p.m.

3 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

4 Saturday

LOW VISION FORUM: Daudee Douglas, Orientation Center for the Blind in Albany, talks about the Center's "basic training." Roger Petersen, TeleSensory, discusses on-line information for the blind. Forums are held on the first Saturday of each month. Main foyer, ACC. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

TENNIS TOURNAMENT

Millberry Programs & Services co-sponsors this tournament open to individuals for singles or doubles competition. Golden Gate Park Tennis Center. 9 a.m.-4:30 p.m. Call 476-0356 for details.*

6 Monday

LABOR DAY

7 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Davies Med. Cntr. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL/ORTHODONTIC ORTHOGNATHIC SURGERY CONFERENCE: *The Phenomenon of Condylar Resorption: Etiological Factors & Clinical Aspects.* M. Anthony Pogrel, Oral & Max. Surg. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8:30-9:30 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 517. 9 a.m.

SFGH MEDICINE GRAND ROUNDS: Carr Aud., SFGH. 11:30 a.m.

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

8 Wednesday

SPINE CONFERENCE ROUNDS. C 417. 7-8:30 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE. HSW 301. 8-9 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Viral Hepatitis (A,B,C,D).* Richard A. Weisiger, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Molecular Defect in Alpha-Producing Pituitary Tumor.* E. Chester Ridgway, Med., Div. Endo., Metab. & Diabetes, U Colo. Hlth. Sci. Cntr., Denver. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Primary Sclerosing Cholangitis.* Nathan M. Bass, GI. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *There Is No Magic.* Theresa A. Salazar, Pharm., explains the key to quality health care — open & honest talk with your health care provider. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY GRAND ROUNDS: *Imposter Mothering & the Physician: Munchausen Syndrome by Proxy.* Herbert A. Schreier, Psychr., Children's Hosp., Oakland. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

LIVER CENTER SEMINAR: *Hepatocellular Processing of Bile Salts: The Role of Intracellular Membranes.* James M. Crawford, Path., Brigham & Women's Hosp., Boston. HSW 303. 4-5 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Blood Component Preparation & Storage.* Andrew Heaton, Irwin Mem. Blood Cntrs. L 535. 4-5 p.m.*

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Mechanisms of Disease II.* Henry Sanchez, Path. HSW 508. 5-6:30 p.m.

9 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Thyroid Disease.* E. Chester Ridgway, Med., Div. Endo., Metab. & Diabetes, U Colo. Hlth. Sci. Cntr., Denver. Toland Hall. 8-9 a.m.

PEDIATRIC GRAND ROUNDS. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: *Interesting Cases from Davies Medical Center.* Mailine H. Chew, Med. & Rad., Davies Med. Cntr. LPPI Aud. 8:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Medical/Medicare Insurance Issues.* Joseph Barbaccia, FCM & Memory & Alzheimer's Clin. A 455. 10 a.m-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 517. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 4-5:30 p.m.

PRIMARY CARE GRAND ROUNDS: *Street Drugs.* Tom McAfee, Med. A 455. 4:30 p.m.

PARNASSUS PUBLIC HEARING

UCSF holds a public hearing to consider the Draft Environmental Impact Report for a new Central Utilities Plant to replace the outdated power plant on the Parnassus. Toland Hall. 7 p.m. Call 476-3206 for details (See story on page 3.)*

10 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. U 471. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *A Case Presentation of School Refusal in a 12 -Year-Old Girl.* Daryn Sperling, Child & Adol. Psychr. LPPI Aud. 10:30 a.m.-noon.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Secrets from Around the World to Rebuild Your Immune System.* Scott Gregory describes his protocol to boost the immune system through holistic health and Oriental medicine therapies, including ways of treating HIV. N 721. Noon-1 p.m. Call 584-4416.*

ONGOING SUPPORT GROUPS

MONDAY

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. B, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

ALZHEIMER'S SUPPORT GROUP: For caregivers, family & friends of people with Alzheimer's or other dementing illnesses. First Monday of each month. Ground fl. Conf. Rm., Alzheimer's Clin., 1350 7th Ave. 7-9 p.m. Call (800) 942-1333.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. B, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treaments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. L 535. Most Fridays. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on alternate Fridays. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call 586-8600.*

VARIABLE

JEWISH WOMEN'S DIALOGUE GROUPS: Call 546-6988 for meeting dates & locations.*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Processing Independent Consultant Agreements. Tues., Sept. 14. 9 a.m.-noon. $40.

Materiel Management Workshop — Module I. Fri., Sept. 17. 8:30 a.m.-12:30 p.m. $50.

Customer Service Strategies. Tues., Sept. 21. 8:30 a.m.-4:30 p.m. $50.

Materiel Management Workshop — Module II. Fri., Sept. 24. 8:30 a.m.-12:30 p.m. $50.

Demystifying Gift/Private Grant Acceptance. Tues., Sept. 28. 9 a.m.-noon. $40.

Contracts & Grants Workshop. Wed., Sept. 29. 9 a.m.-noon. $40.

The UCSF Budget Process. Tues., Oct. 5. 9 a.m.-4:30 p.m. $40.

Pre-Supervisory Training. Wed. & Fri., Oct. 6, 8, 13, 15. 9 a.m.-noon. $90.

Medical Terminology: An Introduction. Tues. & Thurs., Oct. 12, 14, 19, 21. 2-4:30 p.m. $90.

Interview & Selection for Supervisors & Managers. Tues., Oct. 19. 8:30 a.m.-noon. $40.

Vendor Payments. Tues., Oct. 12. 8:30 a.m.-noon. $40.

Stress Management: Dealing with Non-Stop Change. Wed., Oct. 20 & 27. 8:30 a.m.-noon. $50.

General Ledger & Accounting. Tues., Oct. 26. 9 a.m.-4:30 p.m. $50.

The Telephone: Your Most Important Business Tool. Thurs., Oct. 28. 1-4 p.m. $40.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808 unless otherwise noted.

Gastroenterology: Advances in Diagnosis & Management. ANA Hotel, SF. Oct. 1-3.

Eighth Annual Primary Care Medicine: Principles & Practice. Hotel Nikko, SF. Oct. 6-8.

Cardiology Update—1993. Carmel, CA. Oct. 14-16.

Twelfth Annual Recent Advances in Pulmonary & Critical Care Medicine. ANA Hotel, SF. Oct. 14-16.

Occupational & Environmental Medicine—Session II. Miyako Hotel, SF. Oct. 18-29.

Sixth National AIDS Update Conference. Sponsored by UCSF AIDS Health Project & national & regional health care providers. SF Civic Center. Oct. 19-23. Call 255-1294.

Advances in Occupational & Environmental Medicine. Miyako Hotel, SF. Oct. 25-29.

Twenty-Second Annual Topics in Emergency Medicine. Miyako Hotel, SF. Nov. 1-5.

Otology, Neurotology & Skull Base Surgery Update—1993. Ritz-Carlton Hotel, SF. Nov. 4-6.

DENTISTRY

For further information call 476-1101.

From HIV to OSHA: What You Need to Know to Communicate with Patients & Staff. Laurel Heights Conf. Cntr. Sept. 18.

Six Keys to Optimal Occlusion & the Straight-Wire Appliance. UCSF. Sept. 23-25.

Periodontal Restorative & Aesthetic Considerations for the Adult Orthodontic Patient. Stockton Hilton. Oct. 1.

Dental Leadership: The Challenge of the 1990s. UCSF. Oct. 9.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

If you are a woman who is HIV positive and can't get medical care because of practical needs, call Marisa Davis at the Women's Advocacy Program at 476-0654 for help with child care, transportation, medical care and social services. "Hablamos Español."

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

Living with HIV. Public forums every other month.

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call 476-5683 for information & reservations.

Crime Prevention Presentations. By appointment to campus departments & employees in the workplace.

Tear Gas Class. Department of Justice certified. Pre-registration required.*

RAPE PREVENTION

Classes, workshops & support groups sponsored by UCSF Rape Prevention Program. Call 476-5222 for more information.

Page 6

Odie Braun is 1993 Health Net Lecturer

Odelia Braun, associate clinical professor of medicine, is one of six UC faculty recipients of the UC-Health Net Wellness Lecture Awards for 1993. Each award carries a cash prize of $2,500 plus $1,200 for research assistance.

On Wednesday, October 13, from 3 to 5 p.m. in Toland Hall, Braun will present her paper "Linking the Public into the Emergency Public Health Care System: A University-Community Partnership." Subsequently, all the Distinguished Wellness Lecturers will meet for a statewide policymakers forum.

All the papers will be bound in a "Wellness Notebook" and distributed to several thousand members of California's health care community.



Braun



Millberry's "I" Level plaza opens

The new Millberry "I" Level plaza officially opened last week to a bit of fanfare. Sporting an art deco-industrial design, the plaza houses an American Express Travel Office, ATMs, Quick Copy, the ITS Store, the Hummingbird Cafe, the Center for Human Performance Testing, Education & Research, and the Sports Medicine Center. ITS plans its own celebration from Monday, August 23, through Friday, September 3, featuring vendor demonstrations from Apple, Dell Computer, DEC, Microsoft, and Claris. The Sports Medicine Center also will have its own open house on Tuesday, September 14, from 4-7 p.m. featuring tours of the facility. Above in the American Express office, Newsbreak *catches an unidentified UCSF employee's first exposure to a popcorn machine, as travel representatives (left to right) Michael Wisper, Lori Peña, Rachel Barnaby and Durelle Schacter try to figure out what to do.*

Employee Rehab moves to Irving St.

After more than 10 years of being housed in the Personnel Office, Employee Rehabilitation Services has moved to 919 Irving Street, Suite 104, between 10th and 11th Avenues. The new, larger quarters provide a much better degree of privacy for employees using the service.

Since 1979, Employee Rehabilitation Services has provided assistance to employees with medical conditions that interfere with the ability to perform a job. Consultation also is provided for managers of disabled employees. The staff consists of vocational rehabilitation counselors Colleen Collins (manager), Marilyn Kane and Marty Kortebein, and administrative assistant Rosie Casella. For more information, call 476-2621.

Employees honored

Mary Brundidge and Karen Lee received outstanding employee awards from the School of Dentistry based on their work "above the call of duty" between December 1992 and May 1993.

University Advancement & Planning moves

Vice Chancellor for University Advancement & Planning Bruce Spaulding and some of his units have moved to Laurel Heights. Spaulding's immediate offices have moved to Suite 16. All telephone numbers remain the same as does mail stop Box 0292.

Public Affairs, which includes News & Public Information Services, Institutional Relations, Institutional Communications and Governmental & Community Relations, has moved to Suite 103 with mail stop Box 0462.

Telephone numbers for Public Affairs will remain the same including the general number for *Newsbreak/Medsounds*--476-1541. New telephone numbers include: Allen Balderson — 476-3163; Michele Firpo — 476-3257; and Dawn Finch — 476-3256. The fax number for Public Affairs has been changed from 665-8668 to 476-3541.

An office staffed by a news person will be maintained on campus in Rm. S 101 in order to serve the campus and handle breaking news events. The telephone number there is 476-1009; fax 476-3782.

Fun Zone

It's Chili tastin' time

If you enjoyed tasting (and judging) the various styles of chili produced by campus cooks at last year's Chili Cook-Off sponsored by EMPACT!, start licking your chops. This year's event is a Chili Cook-Off *and* Salsa Contest on Thurs., Sept. 2, in the Millberry gym.

For $5 you can taste all the chili and salsa entries, vote for your favorite, wash it down with bottled water and non-alcoholic beer.

There are still openings for cooks. Call 476-2675 for entry forms. The grand prize for best chili is two round-trip tickets anywhere in the continental US, courtesy of Continental Airlines & American Express. Best prize for salsa is a bed & breakfast stay at any inn in California, courtesy of Bed & Breakfast Int'l. Plus, more prizes for People's Choice votes.

Sponsored by American Express and Hotel Richelieu.

Coming up:

- **Sell your wares.** Sign up for EMPACT!'s Holiday Crafts Faire, to be held Thurs., Dec. 2, in Millberry gym. Call 476-2675.
- **Summer Classic Tennis Tournament.** Saturday, September 4, 9 a.m. to 4:30 p.m. at Golden Gate Park Tennis Center. Singles/doubles. $10 per person. Co-sponsored by Millberry Programs & Services. Call Alan Tower, 476-0356.
- **Bicycle Half Moon Bay.** Sat., Sept. 11. Enjoy 25 miles of coast, hills and valleys. Lunch in Half Moon Bay. Call Outdoors Unlimited, 476-2078.
- **Faculty/Staff Art Show.** Mon. and Tues., Oct. 4 and 5, 10 a.m.-6 p.m. To enter, call Arts & Performances, 476-6761.

Millberry Closes

Millberry Union will observe its annual maintenance closure from Thurs., Aug. 26, Wed., Sept. 1. During the closure EMPACT! ticket sales at the MU Central Desk will be available from 10 a.m. to 6 p.m. on *weekdays only.*

Ramsay returns to faculty

David J. Ramsay, who has served as UCSF's academic vice chancellor since 1982, will return to the faculty as professor of physiology as soon as a successor is named.

Chancellor Martin has appointed an ad hoc committee, chaired by John S. Greenspan of the School of Dentistry, to look for that successor. Martin is limiting the search for the position at this time to internal candidates within the UC system.

In a letter to administrative personnel, Martin describes the position as the chief academic officer for the campus, serving as a member of the Chancellor's senior administrative team and representing the Chancellor in his absence. Responsibilities include academic program planning and review, academic personnel, academic affirmative action, liaison with the Academic Senate, and management oversight of 12 academic service units. It has administrative responsibility for approximately 545 FTE and a budget of some $34 million.

Nominating letters should be sent along with a curriculum vitae and names of three references to: Susan Montrose, Office of the Chancellor, Box 0402, by Friday, September 3. For details call Montrose at 476-2401.

Bomb detection, August 25

The UCSF Police Department and the Faculty, Staff & Student Assistance Program are sponsoring a two-part series on bomb threats and bombings. Police chief Ron Nelson will present the first of the series, "Violence Prevention: How to Detect Bombs," on Wed., Aug. 25, from noon to 1:30 p.m. in Toland Hall and via telecast at Carr Aud., SFGH. Also present will be other members of the UCSF police, the SFPD Bomb Squad and other local and federal law enforcement agencies.

Develop your thinking skills

Development & Training is offering a new five-session course called "Critical Thinking Skills," designed to help participants with problem solving, breaking complex assignments into manageable parts, etc. The course is for employees classified as AAI through Administrative Analyst. The dates are Wed., Oct. 27, 8:30 a.m. to 4:30 p.m. and Tues., Nov. 2-23, 8:30 a.m. to noon. Fee: $160. Use the application on the monthly Development & Training flier, or call 476-4032.

Clinical faculty group: new officers

The Association of Clinical Faculty, School of Medicine, has new officers for the 1993-94 membership year. They are:

Leo S. Bell, president
Richard Cuneo, president-elect
John Fletcher, secretary
Toni Brayer, treasurer.

The Association represents volunteer faculty. For further information, call 476-1471.

A&PS *(from page 1)*

1. Copies also are available for review at the Personnel Department, the Mission Center Building and the Medical Center Human Resources Office at Mount Zion, as well as on the campus' UCSFYI computer network.

To adhere to the new legal standards, the UC Office of the President has proposed, among other changes, that exempt employees will no longer be eligible for overtime. Non-exempt employees within A&PS, on the other hand, will be compensated for overtime at one-and-a-half times the regular rate for hours actually worked over 40 in a work week. Such overtime can then be taken in the form of time off or additional pay. Overtime must be approved in advance by the supervisor.

Time sheets

Exempt employees would still fill out time sheets. But time sheets would now be used primarily to show accumulation and use of vacation and sick leave, not to justify a paycheck.

At the same time, exempt employees would no longer have to subtract hours from their accumulated vacation time for absences of less than one day. In other words, if an exempt employee happens to be working on a project, but misses three hours of work because of a doctor's appointment or has to leave work early to pick up a sick child at school, the time missed will not be subtracted from the employee's hours of accumulated leave, assuming that the work is completed when it needs to be.

The emphasis is on fulfilling the duties and responsibilities of the position not on hours worked.

Full-day absences, however, will be charged against accumulated time or, if no such leave time exists, against the individual's salary.

Non-exempt employees will have to record their use of vacation, sick and compensatory or "comp" time to the nearest one-quarter hour. And unlike exempt employees, their paycheck will be a reflection of actual hours worked as detailed by time sheets.

For example, when a non-exempt employee who has exhausted all available accrued vacation and sick leave and comp time takes time off, his or her salary will be docked proportionately to the hours missed.

The Personnel Department now is soliciting written comments about these changes for submission to the Office of the President. They can be sent to Mary Henry at Box 1202 or via electronic mail to MHENRY@UCSFVM no later than Tuesday, August 31. Telephone questions may be directed to the Labor & Employee Relations analyst assigned to your department at 476-3905.

UCSF Staff Council Meeting

The UCSF Staff Council is sponsoring an informal discussion on Thursday, September 2, at noon in Toland Hall to discuss the A&PS changes. Personnel representatives will be available to answer any questions.

Medsounds Continued

Ideas of Value

Access to E-mail & other issues

As noted in past editions of *Medsounds*, there is a group of assistant directors and managers sorting through the "Ideas of Value" submitted by employees as cost savings and/or service improvement measures for the Medical Center. As the committee processes the ideas, it submits for publishing the response or action taken on particular ideas. Here are four more:

• **Idea #154:** *Provide access to E-Mail to eliminate paperwork.* Per committee member George Vigileos of HISD: "This is a complicated issue for those who do not have access to terminals. For those with access to the necessary equipment, E-Mail can be acquired via a Data Processing Service Request (DPSR) and submitted to HISD. If the connection is through the campus, there is a $30 recharge per month for hospital departments. If the connection is through the hospital, there is no recharge. If no connection is in place, it is very expensive — about $3,500 to wire and connect to the terminal and network." (Note: See your department manager for details on computer networking capabilities in your department.)

• **Idea #215:** *Use of out-of-town architectural/planning firms makes process slow, laborious and costly, with consultants flying in, etc.* Also per Vigileos, the preference is to use local firms where possible. Non-local firms are not encouraged to participate. However, local firms frequently join with a specialized firm to bring in the expertise needed for highly technical or programmatic design issues. Also, since the rates for architectural services vary by region, the cost of an out-of-town firm may be competitive with local firms. The practice of using architectural firms is constantly re-examined, and currently the Medical Center is trying to do more work with in-house resources.

• **Idea #66:** *Functional planning and programming should be planned and revised before architectural firms are involved, to avoid wasting fees.* The Design & Construction Department currently is developing a functional programming questionnaire to be used internally before architects are involved.

• **Idea #22:** *Increase staff awareness of yielding to handicapped patients on elevators.* This suggestion will be included in the House Standards when they are next revised. Committee member Kathy Balestreri suggested printing reminders in *Medsounds*. (Note from *Medsounds*: Duly noted. Consider this item the first reminder.)

Team now forming for Oct. 2 "Walktoberfest"

On behalf of the American Diabetes Association, Pediatric Cardiology's Jacqueline Zahas is extending an invitation to participate in the second annual "Walktoberfest" in Golden Gate Park on Saturday, October 2, beginning at Marks Meadow, 9 a.m.

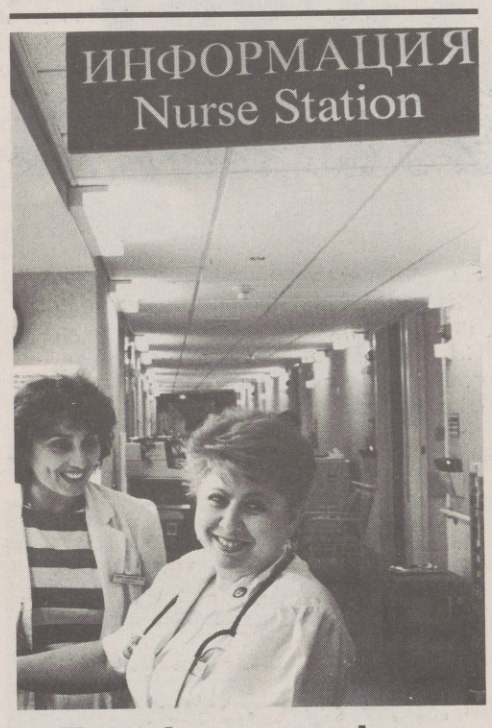
Zahas, who is on the planning committee for the event, would like to see a UCSF team form for the event, in which case there will be added benefits in the prize department (read below.)

Walkers can take the short route (10K) or the long route (15K), both described as "gorgeous" by the ADA's Tracy Weiner. There is no entrance fee. Money will be raised through pledges, and participants are asked to enter with at least $50 in pledges.

Beside the gorgeous view, exercise and goodwill created, the benefits of participating include a free breakfast before the walk, a free lunch afterward, a free T-shirt for those with at least $50 in pledges, gift certificates for those with at least $100 in pledges, and separate team prizes for largest team, most money raised and most creative T-shirts. Furthermore, the person who raises the most money in the local region (Walktoberfests are taking place all over the US) will win a trip for two to Frankfurt, Germany; and the person who raises the most money for all of California will win a trip to Hawaii.

Sound good? Call 1-800-254-WALK to register, and call Zahas at 476-3054 to be on the team.

The money raised will go toward diabetes research and education.



4 East Improved

Nurses Anna Volfson (left) and Ella Portnoy stand below one of the new Russian/English signs in the newly remodeled 4 East (Transitional Care) nursing unit at Mount Zion. Among the features of the "new" unit, in addition to the bilingual signs, is a wonderfully redesigned nursing station, upgraded fire alarm and nurse call systems, cosmetically upgraded rooms — and, joy of joys, according to nurse manager Teresa Hoffman — automatic bedpan washers attached to the toilets. According to Hoffman, this is the first nursing unit to be renovated, start to finish, since the integration of Mount Zion with UCSF.

Portale's "Kiddie Beans" take the trophy

Last year they came in fourth, but this year the "Kiddie Beans," a softball team headed by pediatric kidney transplant surgeon Anthony Portale, bested last year's winner Syntex for first place in the now-annual tournament to benefit the Pediatric Transplant Fund. The winning team wore shirts decorated with kidneys, which of course look like kidney beans, and since they work with children, hence the team name.

Seven teams played in this year's event at McLaren Park in San Rafael, according to co-organizer Al Scardino of the Immunogenetics Lab. In addition to the Kiddie Beans, the trophy winners included Syntex (second place), UCSF Pediatric Endocrinology (third) and Apple Computers (fourth.)

Players paid $25 each to compete in the tournament, and considering almost all the expenses were underwritten by outside companies and inside doctors, a total of $2,420 was raised, all of which will be added to the Fund. One thing they hope to do with the accumulating money is to send several underprivileged young transplant recipients to Disneyland, according to transplant coordinator Gloria Horns, who worked with Scardino and Joyce Trompeta, also a transplant coordinator, to put the tournament and barbecue together. This is the same trio that organized the bowling tournament last spring for the same cause. The plan is to continue with the two tournaments a year, says Horns (for as long as they continue to be fun and raise money).

Transplant team on KQED next week

Pediatric transplant coordinator Joyce Trompeta called to say that about 30 members of the Kidney Transplant Service, including surgeons, nephrologists, nurses, technicians, coordinators, and administrative personnel, will spend Sunday afternoon, August 22, answering pledge calls at KQED TV during the Bill Moyers special "Healing and the Mind."

She says they've alerted all the patients on the kidney transplant waiting list to tune in between 2 and 7 p.m. that day and take a look. It will be a great opportunity to see the whole team, she says — or, at least, many members of it. And yes, they'll all be wearing UCSF T-shirts.

DNA theme for children's fashion show; Humorist Anne Lamott to be MC

Anne Lamott, the Marin author who wrote the best-selling *Operating Instructions: A Journal of My Son's First Year,* has agreed, at Hospitals Auxiliary president Lili Lim's bidding, to be the master of ceremonies for the upcoming children's fashion show on Wednesday, September 1.

About 80 children, all sons and daughters of UCSF employees or Auxiliary members and friends, will be models for this second annual luncheon and fashion show at The Ritz Carlton, San Francisco. The event begins with a social hour and reception at 10:45 a.m., followed by lunch at noon and the fashion show at 1:15 p.m.

If you attended last year's sell-out event, you may be wondering how this year's show could possibly compete. (Last year's, produced by Auxiliary members Holly Suich and Barbara Crane, was extremely charming.)

The first smart move by the Auxiliary was not to try to compete with last year's show. This one, headed by Michele Meany, will be completely different. The theme for the event is "Back to Basics: The Threads of Life," a tie-in with DNA and the work going on at UCSF, the uniqueness of each child, and, well, some very unique back-to-school fashions from Nordstrom.

Nordstrom will produce the entire show this year, showcasing a variety of designers as well as its own Nordstrom line. The store also is offering a discount on back-to-school clothes to families of the young models.

The Auxiliary has tried to keep this event affordable as benefits go, in order that as many people as possible from the campus community can attend. Tickets are $45 for the luncheon and fashion show ($65 benefactor). All proceeds will benefit the Auxiliary's work in the Medical Center. For further information and/or tickets, call 476-4906.



Sliding down a single strand of DNA, a few of the fashion show models (top to bottom) Alexandra Suich, Jonathan and Jesse Schroffel, Stephen Bugnaski, Lauren Meany and Kay Washington. Jonathon & Jesse are the sons of Administration's Bruce Schroffel, Alexandra and Lauren are the daughters of Auxiliary members Holly Suich and Michele Meany, respectively, and Stephen and Kay are the friend and relative, respectively, of Auxiliary member Mary Beth Starzel.

Volunteers *(from page 8)*

a few questions, if the opportunity presents itself.

Joseph's story is that, wanting to be a pediatrician, he requested a pediatric floor. Pediatrics is in particular demand among the junior volunteers, and there weren't enough positions to go around. Thus, Joseph landed on 14 Long, the transplant unit. True to an excellent character, notes Volunteer Services director Vicki Kleemann, Joseph has put his heart and soul into the work just as if it were his first choice unit. Pediatrics is still his first-choice career goal, however, and the logistics of his workplace has definitely lessened the chances of his running into the likes of pediatrician Art Ablin.

Joseph, Jason and Robert are three of 310 students, age 14 through college, volunteering at the Parnassus site this summer. (There are another 60 at Mount Zion). Many students are fulfilling a public service requirement by their schools. Some private high schools require of their students 100 hours of volunteer work prior to graduation, according to Kleemann. The public schools usually don't have such a requirement, she says, just a strong encouragement.

The three cousins say that St. Ignatius does indeed have the 100-hour requirement, but that's not why they're here.

"We put in our 100 hours a long time ago," says Jason. (Note that they've only been in high school a year.)

"We're doing this for fun," explains Robert about the work they're doing this summer at UCSF.

Hold that attitude is the best advice we can offer.

Vigneri *(from page 8)*

put in 12-hour days trying to "bring everything out in the open," as he puts it. After the two-year stint he returned to his post as chief of endocrinology at the University of Catania, anxious to return to his work, but hopeful that the effect of his efforts in the Public Health Service would be lasting.

Goldfine also notes that Vigneri has built the Department of Endocrinology at the University of Catania literally from scratch, turning it into a top endocrinology training program internationally and one of the major research centers in Italy.

It is true, says Vigneri, that his life at home is filled with telephone calls and long-term planning meetings. It sheds some light on why he considers the five to six weeks he spends in San Francisco each year, accompanied by his wife, son and daughter, a sheer vacation.

Food notes

Cafeteria supervisor Tim Dineen says get on over to the Moffitt Cafe and try the new 40 Clove Garlic Chicken Sandwich direct from The Stinking Rose Restaurant in North Beach. Buy it there, it will cost $4.95. In the Moffitt Cafe, it's $3.27. Available Mondays at the grill station starting at 11 a.m.

Also, a new line of ice cream from a small, local company means cheaper prices and lots of flavors. If you missed the tasting a couple of weeks ago, the staff will give you a taste before you buy.

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UCSF Medsounds

Page 1 . . . Varmus nominated to head NIH
Page 1 . . . Space shuttle will carry Arnaud's experiments
Page 3 . . . UCSF basketball team goes to China

Medsounds *is a section of* Newsbreak *for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center.*

Summer tradition at Mount Zion: A visit from Riccardo Vigneri

Going back to the mid '70s, every year about this time the familiar face of Riccardo Vigneri pops up at Mount Zion. It's his vacation, he insists; it's a break from the sizzling summer heat of Sicily, where he's from. At home, where he's chair of the Department of Endocrinology at the University of Catania, his head is filled with administrative details. Here he can kick back, relax — and go full steam ahead with his research.

Since 1976, when Vigneri first came here on sabbatical, he has collaborated with another endocrinologist, Ira Goldfine, who directs the Diabetes & Endocrine Research Laboratory located at Mount Zion. Together, some years ago, they developed a very precise and sensitive technique that enabled them to detect insulin receptors (the molecules that recognize and bind with insulin) in the tiniest tissue samples.

This technique became the key to their research that followed, says Vigneri. They used it to determine the content of insulin receptors in breast cancer tissue cells, and compared it to the level in normal tissue.

What they discovered received widespread attention in medical circles: The insulin receptor content in the cancer cells was nearly seven times higher than in normal tissue — and the larger the tumor, the greater level of insulin receptors. At the very least it seemed that measuring the level of insulin receptors could help determine the stage of the cancer, but it also raised the question of whether insulin played a role in causing breast cancer.

Vigneri and Goldfine have written some 45 papers together as they continue to fine tune this research and move toward finite answers. The research in itself is enough to bring them distinction, and certainly Vigneri is mostly known to the local community through his work with Goldfine.

But Goldfine took a recent opportunity to tell a little more of the story of this physician from Catania who visits Mount Zion each year.

It is interesting to know that Vigneri's father, an Italian army officer, was responsible for the arrest of Benito Mussolini. It is also interesting to know that Vigneri himself has had a high profile in the Sicilian government in recent years as he undertook a role in helping clean up the graft and corruption that plagued the public health system in his country.

From 1989 to 1991 he served as chief of one of three divisions of the public health service, a job not without certain risks to him personally, considering the lurking dangers of the corrupt system. He and his colleagues

(continued on page 7)



Vigneri (right) with Goldfine

14 money bags, 35 lbs. each, for UCSF

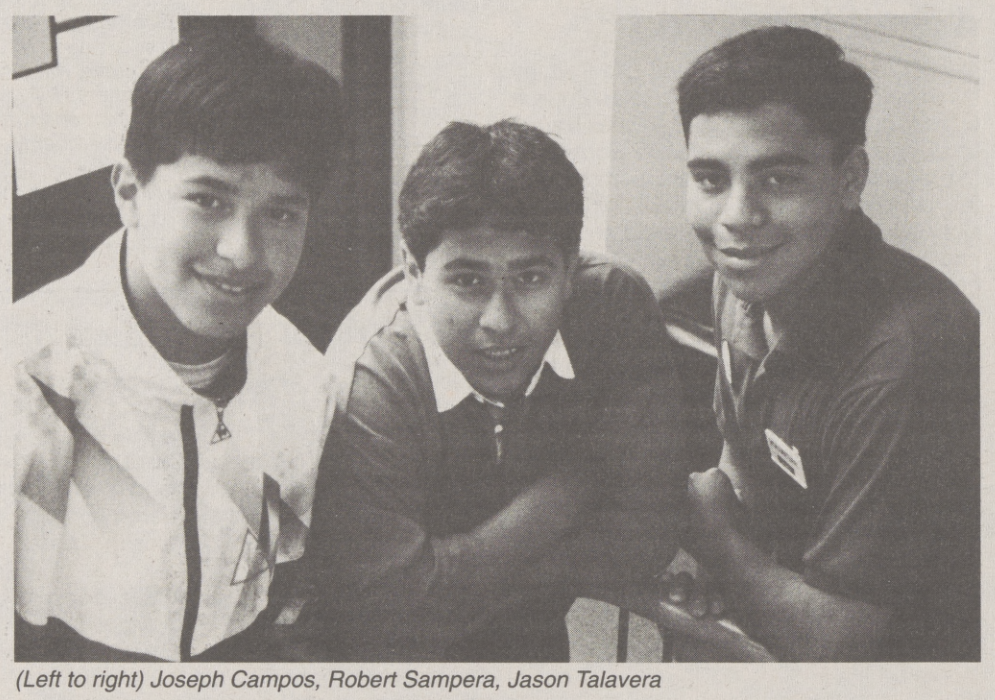
Bob Weiner of the National Children's Cancer Foundation called to report that the NCCF/Giants promotion in early August yielded 14 of those canvas money bags full of coins — 35 lbs. each — for children's cancer programs at UCSF. He didn't have a count yet — the bank was attending to it at the moment of this writing. He'll let us know when they find out how much.

All the coins in these bags were donated by Bay Area children who were given little helmet-shaped banks to fill up and bring to a party at Candlestick Park before the Giants game on August 7. The news of the promotion and party reached UCSF a little late for much internal publicity, but through Taco Bell and other local outlets, many children did receive the banks and fill them up. According to Weiner, about 1,000 kids and parents attended the pre-game carnival-style party with ball player Robby Thompson.

That figure was confirmed by UCSF social worker Cathy Portje, who reports that she and colleagues were able to round up a bunch of kids undergoing treatment for cancer at UCSF, and get them to the party and post-party ball game as well. In fact, the whole day at Candlestick was dedicated to the National Children's Cancer Foundation theme, and our own Tony Gaydano, a young patient from Marin currently undergoing outpatient cancer treatment, threw out the first pitch.

Further news of this event came from volunteers director Vicki Kleemann. She rounded up a bunch of student volunteers (including several mentioned in adjacent articles), to run the carnival booths. Apparently they were exhausted after the deluge of 1,000 kids.

So we'll be waiting to hear what sum equals 14 bags of coins. Meanwhile, you can continue to support this promotion by buying discount Giants tickets via the NCCF form available at the MU Central Desk. A part the procceds will go to the NCCF.



(Left to right) Joseph Campos, Robert Sampera, Jason Talavera

Drs. Wilson, Bradford & Ablin: Please introduce yourselves

Robert Sampera, Jason Talavera and Joseph Campos of San Francisco are cousins; their mothers are three of five sisters. The three teenagers attend St. Ignatius College Prep, where they will be sophomores this year. All three are volunteering at the Medical Center this summer. And all three want to become doctors.

Robert intends to be an orthopaedic surgeon, Joseph wants to be a pediatrician and Jason has his sights set on becoming a neurosurgeon. Jason, in fact, wrote his entrance exam to St. Ignatius about UCSF neurosurgeon Charles Wilson, calling him the person he "would most like to model."

He hasn't met Dr. Wilson. He says he read about him in the newspaper and admired his work very much, so much so that it contributed to his wanting to become a neurosurgeon. When he applied for a summer volunteer position at UCSF, he asked for placement on the neuro unit, which is where he has worked as a helper to the nurses since June. He has come into contact with numerous patients and learned something about the care of neuro patients. He continues to be inspired by the neurosurgery idea. However, his path has not yet crossed with Dr. Wilson's.

Joseph and Robert volunteer in similar capacities in the hospital. Robert works on 12 Long, the orthopaedic floor, which fits in very well with his career interest. He has had an extremely fulfilling time there, spending many hours with patients, even organizing a party for one man who expressed dismay at having to spend his birthday in the hospital. Robert had not heard of noted orthopaedic surgeon David Bradford before this summer, but now he thinks it would be great to ask him

(continued on page 7)

Free screenings for prostate cancer

Free screenings for prostate cancer will be offered at the Parnassus and Mount Zion sites in September. All men over 50 and men over 40 with a family history of prostate cancer are eligible for the free exam, to be offered on Wednesday, September 22, from 9 a.m. to noon and 1 to 4 p.m. in the ACC's Urology Clinic (Room 610), and on Monday, September 27, from 9 a.m. to noon and 1 to 4 p.m. in Mount Zion's Outpatient Clinic. Call 502-0916 for information and appointments.

According to screening coordinator Sheila Breslin, last year 182 men took part in the screenings, resulting in 39 abnormal tests and at least five confirmed cases of cancer.

Prostate cancer is the most common cancer in American men: one in 10 men will be stricken by age 85. Early detection is critical for successful treatment; thus it is hoped that the free screening will encourage members of the risk population to get that exam sooner rather than later.

Building services for ACC, hospital merge

As of the first of this month, the Ambulatory Care Center Building Services Department and the Medical Center's Hospital Building Management Department became one department under Dick Chan, who formerly headed the hospital building management component. Robert Hunn will continue as building manager for the ACC, but will take on the expanded role of assisting Chan in the management of the hospital buildings.

Another component of this consolidation is that ACC Clinical Engineering is now part of the overall Medical Center Clinical Engineering Department (sometimes known as "Biomed") headed by Warren Doo.

Thus, for service, those in the ACC no longer should contact ACC Building Services for assistance. Call directly:

- Building Services, 476-4262,
- Clinical Engineering, 476-8327,
- Environmental Services, 476-1183,
- Telecommunications, 476-5050.

UCSF teen volunteers on KRON's "First Cut"

If you tune in to Channel 4's "First Cut" at 10 a.m. on Saturday, August 28, or Saturday, September 4 (the exact air date has yet to be determined), you'll catch several of our summer student volunteers in action.

"First Cut" is a half-hour news magazine-type show produced by teens for teens, with the pledge of "never showing adults," or, at least, never featuring them. In this particular segment, the teen interviewer asks the question, "What's it like to spend your summer working at a busy Medical Center?" She gets her answer by following several UCSF junior volunteers as they go about their work.

The featured teens include Lori Wong and Christine Yee, the cheerful duo who take the craft cart up and down the patient floors; Mary Miley, Stephanie Thai and Michelle Chen, the busy trio at the information desk in the Moffitt lobby; and Jorge Lopes-Quintana III, a unit helper on 7 &10 Long (and another St. Ignatius student — see adjacent story. Yes, he's a pal of the three featured doctors-to-be.)

If you're interested in seeing the show, call the Volunteer Office, 476-1196, closer to the date for the definite air time.

Piano needed

The Art for Recovery program based at Mount Zion hopes to add music appreciation and therapy to its services to patients. However, a piano is needed to make this possible. Anyone out there have a piano they'd like to donate to a good cause? Call Cindy Perlis, 885-7452.